



ASCENSION

Roman Catholic Church
86-13 55th Avenue Elmhurst, NY 11373

Parish Mission Statement

Empowered by the Holy Spirit, we, the people of Ascension, strive to be united in Christ through worship and prayer, grow in Christ through God's word and the sacraments, and serve Christ in one another by sharing time, talent and treasure.

SIXTEENTH SUNDAY IN ORDINARY TIME JULY 21, 2024



From the Pastor's Desk

16th Sunday in Ordinary Time
July 21, 2024
Mark 6:30-34

Dear Ascension Family,

Blessings of peace and good health!

“What goes up must come down.” This familiar saying is an example of life's fundamental rhythm. We see this rhythm in breathing, in waking and sleeping, in the alternation of the seasons, of work and rest.

The gospel reading shows both the Lord Jesus and the apostles working very hard. They were extremely busy. People in great numbers were coming to Jesus, and that he and his apostles did not even have the time to eat. Seeing that it was time to get away from the people, Jesus said to his apostles, “*Come away by yourselves to a deserted place and rest awhile.*” His apostles are not robots. They have to rest and thus be invigorated.

We all need some time to rest. This is a legitimate human need. Jesus knows that no one can be continually productive without moments of separation from daily work, and moments to gather up energy and rebuild one's strength. Priests are probably among the worst offenders when it comes to balancing work and rest. Often, priests try to give the impression of being superhuman. They do not want to say “no” to any request, because to say “no” is to send out a wrong signal. What is the result? Often they end up as burn-out cases with nothing to offer their flock.

Indeed we need to take time off to nourish our bodies. That is why during summer, people go on vacation. Vacations are important moments to recreate our energies by relaxing, bonding activities, and enjoyment. Unfortunately, there are
continue next page

MASS SCHEDULE

Monday - Friday: 7:00 & 8:00AM

Saturday : 9:00 AM

: 5:00 PM (Vigil Mass)

Sunday : 8:30 | 10:00 | 11:30AM

1:00 PM (Spanish)

1st Saturday @ 5:00 PM (Cebuano)

2nd Saturday @ 5:00 PM (Tagalog)

**3rd Saturday @ 5:00 PM (God the
Father of all Mankind)**

4th Saturday @ 5:00 PM (Divine Mercy)



Rev. Anacleto S. Asebias, Jr.
Pastor

Rev. Kyrian C. Echekwu
Parochial Vicar

Peter Roland
Music Director

Terry Guevara
Parish Secretary

Romulo Quiblat
Parish Council Chair

Fernando Velazquez
Maria San Pedro
Parish Trustees

Rectory Office Hours: Monday - Friday

9:00 AM - 12:00 Noon | 1:00 PM - 4:00 PM | 5:30 PM - 7:30 PM

Telephone: (718) 335-2626 | Fax: (718) 335-4181

Email: ascensionrc@aol.com | Website: www.ascensionparishelmhurst.org

SCHOOL: Saint Adalbert Catholic Academy <https://saintadalbertca.org>
52-17 83rd Street, Elmhurst, NY 11373 718-424-2376 / Fax: 718-898-7852

those who take vacations but return more physically exhausted and stressed due to lack of sleep and fatigue. This is not the rest that Jesus is talking about.

The word “rest” is an important word in the Bible. In the book of Genesis, for example, we read that after God created the universe, he rested. “*God . . . rested on the seventh day from all the work he had undertaken. So God blessed the seventh day and made it holy . . .*”(Genesis 2:2-3). In the Gospel of Matthew, Jesus said to the people, “*Come to me all you who labor and overburdened and I will give you rest*”(Matthew 11:28).

In other words, to rest is not simply to be away from a stressful job. It is resting with the Lord. It means pulling ourselves away from the normal cares and worries of the world in order to put ourselves in touch with God. St. Augustine stated this point clearly when he said in words that have become classical, “*Our hearts were made for you, O God, and they are restless until they rest in you.*”

We all need to get away, to be by ourselves, to have our time of rest. For in life, the danger from constant action is very real - it prevents reflection and often pushes us towards wrong priorities. This need for rest is the reason for God’s third commandment: “*Remember to keep holy the Lord’s day.*”

That is precisely the meaning of our Sunday celebration. For us Christians, Sunday, the first day of the week, is the Day of the Lord. What the Sabbath is to the Jews, Sunday is for us Christians. But while the Jews strictly enforce the no-work discipline on Sabbath, Christians do not. If it is really necessary, we can at times do some work on Sunday, but with the clear understanding that it is the Day of the Lord. We are asked to take some rest on Sunday and avoid work so that we can have time to go to Mass and have the opportunity to focus our time and attention on the Lord, to be with him and to be energized and inspired by his grace.

There are seven days a week. God gives six days to us to use for ourselves. Let us, therefore, faithfully observe the obligation to keep holy the Lord’s Day - Sunday. The best way to do it is through the celebration of the Eucharist. Our presence at Sunday Mass does not only give us the necessary break from the pressures of our daily work but it also gives us the opportunity to be guided and inspired by the word of the Lord and to be strengthened and nourished by his Body and Blood. Moreover, it is also an opportunity for us to praise and thank the Lord, from whose generous hands every good gift comes.

We must learn to pause and relax and spend time with the Lord who renews fatigued muscles, tired minds, and sapped spirits. Rest in the Lord!

Praying for you all,
Fr. Anacleto

SACRAMENTS

Baptism

2nd Saturday of the month @ 11:00 AM, Baptism Class is the last Saturday of the month preceding the baptism @ 9:00 AM, pre-registration is needed, available in English & Spanish instruction. Please call the rectory to schedule, at least one month ahead of desired date. For further information and for the requirements of the godparents, please call the Rectory office.

Confession

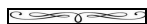
Saturday @ 4:00 – 4:40 PM and by appointment

Marriage

Couple should contact the rectory office for information and registration at least 6 months prior to the date of marriage.

Anointing of the Sick

Call the rectory to arrange for a Priest’s visit



CHURCH OFFERING

July 14, 2024

1st Collection - \$5,079.00

2nd Collection - \$1,966.00 (Air Conditioning)

Upcoming Collections

July 21st - Church Maintenance

July 28th - Upkeep of Rectory & Grounds

Online Giving

If you are interested in donating online, please visit the parish website. Parishioners can schedule their contribution to be made weekly, bi-weekly or monthly.



Religious Education Classes for Children

Faith Formation Classes are held Sundays from 8:45 AM to 11:00 AM. The classes run from September through June. Registrations for Faith Formation are presently being accepted at the Rectory Office for classes from: 1st - 8th Grades. Proof of baptism is required for children who are being registered for the first time. For further information on registration please call the Rectory Office at 718-335-2626.

Order of Christian Initiation for Adults (OCIA)

Are you an unbaptized adult but want to be baptized in the Catholic church? Or, are you baptized non-Catholic who desires to be a Catholic? Or, are you baptized Catholic in need of the Sacrament of Confirmation? The Order of Christian Initiation for Adults is the place for you.

For further information please call the Rectory office at 718-335-2626.



Saturday, July 20th

5:00 PM Pamela Silverio

Sunday, July 21st

8:30 AM People of the Parish
10:00 AM John & Mary McBride
11:30 AM Carlo Duero (L) & Danica Duero (L)
1:00 PM Camila Pilamunga (L)
Candelaria Perez (L)
Enrique Abreu
Enrique Xochimitl Flores
Isidro Xochimitl Flores (L)
Candida Flores
Crescenciana Xochimitl

Monday, July 22nd - St. Mary Magdalene

7:00 AM Dustin Cintron (L)
8:00 AM Hortensia Punzalan (L)

Tuesday, July 23rd - St. Bridget, Religious

7:00 AM Milagros L. Javier
8:00 AM Philomena O'Connor

Wednesday, July 24th - St. Sharbel Makhlūf, Priest

7:00 AM Teresita C. Maranan (L)
8:00 AM Ma.Cristina R. Colago (L)

Thursday, July 25th - St. James, Apostle

7:00 AM Daryl Guangco
8:00 AM Elmira, Gloria & all deceased members of the Tanoy Family

Friday, July 26th - Ss. Joachim and Anne, Parents of the Blessed Virgin Mary

7:00 AM Teresita C. Maranan (L)
8:00 AM Christina Bariso (L)

Saturday, July 27th - BVM

9:00 AM Karen Doria (L)
Shirley Kerr
Neshaa Ramoutar (L) & Reuben Graz (L)
Edwardo Ruiz (L)
Hank Petrassi

Please pray for:

Deceased members of our families



MEMORIALS

July 21 – July 27



**Altar Bread and Wine has been donated
In Loving Memory of
Michael T. Curley, Sr.
Requested by: Bernadette Brennan**

**Sanctuary Lamp will burn
for
Teresita C. Maranan**



**Altar Flowers has been donated
In Loving Memory of**
(please contact the Rectory Office to request a flower memorial)

**Altar Candles will burn
for
Maryann & Ray Nepomuceno**



Memorials are available, kindly contact Rectory Office.



Pray for the Sick:



Rosa Tan, Carmen Moredo, Sandra P. Carvajal. Julissa Martinez, Luis Arnulfo, Elizabeth Yee, Elie Fornilda, Jose Reynel Vigoya, Joel Rivera, Sursatti Shaw, Gloria Patricia Rios, Harold, Diego y Kennedy Gomez, Elisa Marquina, Maria Daulo, Jose M. Rosado, Karla Nicole Paredes, Romelia Arenas, Rubiela Arenas, Enrique Soto, Eduardo D. Soto, Teresita Danseco, Evangeline & Victoria Danseco, Nazarette Serion, Nerissa Infante, Laura Kreft, Shirley Ann Gundran, Egbert Nuñez, Avelina Quilung, Dennis Anthony Calimlim, Exelito Valencia, Bonifacio Guingab, Margie Bulwag, Egbert Nuñez, Maria Dala Rosa George, Leticia Maranan, Denise Giglio, Beth Bagnol Enriquez, Cely DeBorja, Maggie Riego de Dios, Teresa Reale, Lizzete Sanchez, Janet P. Cordi, Cristian Ardila, Rey Garcia, Susan, Elena Rivera, Lizzete Sanchez Ricardez, Eduardo Ruiz. To add names, please call the Parish Office.



2024 Annual Catholic Appeal

Called to Communion, Participation & Mission

The 2024 Annual Catholic Appeal supports the mission of our parish and the daily work of the Church in Brooklyn and Queens.

Once we exceed our goal, we will then receive 100% of all funds raised above this figure directly back to our parish for operations and improvements. Donations for this year are being accepted. Donate at Annual Catholic Appeal.org or text ACA to 917-336-1255.

Summary Report as of July 15, 2024

Goal: \$51,617

Pledged: \$58,561.25

Received: \$34,762.18

To donate on-line: <https://catholicfoundationbq.org/annual-catholic-appeal/>
Checks can be made out directly to:

Annual Catholic Appeal
Diocese of Brooklyn P.O. Box 310
Kensington, CT 06037-0310

Remember, that no gift is too small. Thank you.

Spanish Corner:

El Sacramento del Bautismo

Tenemos Bautismo en español el tercer sábado del mes a las 11:00 AM La clase pre-bautismal será el sábado antes del bautismo a las 9:00 AM. Se requiere inscripción previa para la clase y el Bautismo, lo menos con un mes de anticipación. Llamar a la oficina parroquial para más información y para los requisitos de los padrinos.

Clases de Educación Religiosa Para Adultos

La Orden de la Iniciación Cristiana de Adultos (OICA) son clases para adultos necesitados de recibir los sacramentos de Bautismo, Comunión o Confirmación. Las clases de OICA también son para adultos que no son Católicos, pero están interesados en ser Católico.

Para información sobre el programa y atención en español, llamar al 718-335-2626, en el horario de día de lunes a viernes.

Clases De Educación Religiosa Para Niños/Jóvenes

La clases de Educación Religiosa para los niños/jóvenes del primero a octavo grado toman lugar los domingos de 8:45 AM a 11:00 AM de septiembre a junio. Se requiere prueba de bautismo para todo niño/a registrado por primer vez. Para mas información en español llamar al 718-335-2626, en el horario de día de lunes a viernes.

Inscripciones para el programa del próximo año escolar se están actualizando al presente. Favor de pasar por la Oficina Parroquial para recoger la registración o para más información.

Campaña Católica Anual Del 2024

Unidos en Comunión Unidos en Caridad

La meta de nuestra Iglesia Asunción es \$51,617. Después de sobrepasar nuestra meta, recibiremos 100% de los fondos recaudados por encima de esta cifra directamente para nuestra parroquia. Estamos aceptando donaciones para este año.

Oremos por el éxito de la Campaña Católica Anual en nuestra parroquia y diócesis este año, para que el Espíritu Santo nos mueva en la fe a unir nuestras oraciones con nuestro apoyo financiero para hacer las buenas obras de Cristo, incluyendo el apoyo a la vida y la vida familiar.

Haga su donación hoy en Annual Catholic Appeal.org o envíe un texto con las siglas ACA al 917-336-1255.

Para donar en línea: <https://catholicfoundationbq.org/annual-catholic-appeal/> Envíe su cheque directamente a: Annual Catholic Appeal, Diocese of Brooklyn P.O. Box 310 Kensington, CT 06037-0310.

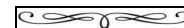
Recuerden que cualquier cantidad será aceptada. Gracias.

Misa de Aniversario de Bodas

Misa de aniversario de bodas será celebrada el sábado 28 de septiembre a las 11:30 AM en la iglesia de San Thomas Aquinas, 1550 Hendrickson Street, Brooklyn, NY 11234. Todos los matrimonios casados en la iglesia católica están invitados a renovar sus votos. Traigan a su familia. Honores en especial a parejas celebrando sus 25, 50 o 75 aniversario de matrimonio. Si están interesados en asistir favor de ponerse en contacto con la Oficina Parroquial.

PRAYER GROUPS & DEVOTIONS

- Monday:** **Miraculous Medal Novena**
Mondays @ 8:30 AM
- Tuesday:** **Spanish Prayer Group @ 7:00 PM**
- Wednesday:** **Our Lady of Perpetual Help**
Novena @ 8:30 AM | Novena Mass
- Friday:** **Holy Hour / Exposition & Benediction**
1st Friday @ 8:30 AM Mass
- Our Lady of Fatima | Most Sacred Heart of Jesus & Black Nazarene**
1st Friday – Angelus | Rosary | Novena to Our Lady of Fatima @ 6:00 PM & Mass @ 7:00 PM
- Divine Mercy Devotion Prayer Group & Choir**
4th Friday 7:30 PM - 10:00 PM (Lower Church)
- Saturday:** **2000 Hail Mary**
1st Saturday @ 9:30 AM
- Lady of Mary Mediatrix of all Grace**
2nd Saturday @ 9:30 AM
- God the Father of All Mankind Devotion Prayer Group**
3rd Saturday @ 4:00 PM Novena (Church)
followed by the 5:00 PM Mass
- Divine Mercy Devotion Prayer Group**
4th Saturday @ 4:00 PM Novena (Church)
followed by the 5:00 PM Mass
- El Shaddai**
2nd, 3rd and 4th Saturday
1:00 PM - 4:00 PM (Lower Church)
- Sunday:** **Ascension Parish Rosary Society**
1st Sunday @10:00 AM
- Religious Education Children's Choir**
2nd, 3rd, 4th and if applicable 5th Sunday @ 11:15 AM-12:30 PM
- CFC Christian Life Program***
1st, 2nd, 3rd, and if applicable 5th Sunday
@ 2:00 to 5:00 PM (Lower Church)
- 4th Sunday of the month @ 3:00 to 6:00 PM (Lower Church)
* * * * *
- Rosary Making Ministry**
To request supplies and/or pick up rosaries,
please email: marie_panas@msn.com



EVENTS / NEWS & UPDATES

Come Home to God Our Father for the Feast Celebration on Sunday, August 4th at 5:00PM Mass. Below is the schedule of the octave of Masses:

God the Father of All Mankind With Rev. Fr. Anacleto S. Asebias, Jr. Holy Octave of Consecration

Day 1 Praise	July 28 (Sun)	4:00PM Chaplet	5:00PM Mass
Day 2 Thanksgiving	July 29 (Mon)	6:30PM Chaplet	7:30PM Mass
Day 3 Offering	July 30 (Tues)	6:30PM Chaplet	7:30PM Mass
Day 4 Repentance	July 31 (Wed)	6:30PM Chaplet	7:30PM Mass
Day 5 Inheritance	Aug 1 (Thurs)	6:30PM Chaplet	7:30PM Mass
Day 6 Fiat	Aug 2 (Fri)	5:30PM Chaplet	7:00PM Mass
Day 7 Fidelity	Aug 3 (Sat)	6:30PM Chaplet	7:30PM Mass
Day 8 Consecration	Aug 4 (Sun)	4:00PM Holy Octave Prayer & Consecration	5:00PM Mass

Faith Formation Program: Parents or guardians can now register their children for next year's classes in the Religious Education Program. Registration forms must be completed for each child before classes begin. Classes will start in September. **Please register early.**

Saint's Corner:

St. Bridget

July 23

Bridget was born in 1303 in Sweden. Her father was the governor of the province of Upland. At the age of 14 she was married to a young prince, and the marriage lasted happily for 28 years. They had eight children, four boys and four girls. One of the girls, Catherine, became a saint - St. Catherine of Sweden.

From an early age, Bridget had visions of the Crucified Lord. At ten years old, she had a vision of Jesus hanging upon the cross saying to her, "Look upon me, my daughter." Bridget said, "Who has treated you thus?" She seemed to hear a voice saying, "They who despise, and spurn my love for them." That vision was never effaced from her mind, and from that time the sufferings of Christ became the center of her spiritual life.

After the death of her husband, Bridget dedicated herself to a life of prayer as her visions intensified. She was inspired to found a monastery for men and women. This group eventually became a new religious Order. This new congregation was officially approved in 1370 by Pope Urban V. The new congregation became to be called the Order of the Holy Savior, presently known as the Bridgetines.

Constantly accompanied by her daughter, Catherine, who became a saint, Bridget exercised a wide apostolate among the rich and the poor, sheltering the homeless, and giving messages of warning in times that were full of unrest and corruption. Among other causes she embraced, she worked untiringly for the return of the pope who was residing in Avignon (France) to Rome. In many other ways, too, she devoted herself to urging reforms within the Church. Thus she denounced abuses of bishops and abbots and advised princes and kings on political matters.

Bridget died in 1373, and was canonized barely 18 years after her death, in 1391, by Pope Boniface IX. She is the patron saint of Sweden. Bridget's life shows that one can be deeply immersed in God and yet be also completely involved in many contemporary issues. For there is no contradiction between genuine life of prayer and secular activity. One can lead a holy life in the marketplace.

**NEW TO OUR PARISH?
WELCOME! PARISH MEMBERSHIP:**

New parishioners are to register in the Parish. Please notify the Parish Office of any changes in address or phone number.

Name _____

Address _____

Phone: _____

Email _____

I wish to receive a registration form

I have an address change

I am moving out of the Parish

Please cut out and return to Parish office or drop in the collection basket. Thank you.



Sunday Gospel Activities

Name: _____

Sunday, July 21, 2024

Worksheet for ages 7 to 10 years old

1. Today is the Sixteenth _____ in _____
Time.

2. From which book of the Bible is today's first reading?

Genesis Jeremiah Proverbs Ezekiel Acts

3. What Psalm was read/sung today? _____

Complete the phrase with the words provided:

The _____ is my _____; there is _____ I _____
nothing Lord want shepherd shall

4. From which book of the Bible is today's second reading?

1 Peter 2 Peter 1 John 2 John Ephesians 2 Corinthians

5. From which Gospel is today's reading taken?

Matthew Mark Luke John

What does Jesus want the apostles to do with Him?

- a) have a party
- b) come away and rest
- c) take a walk and teach the people

6. Why didn't the apostles get to rest?

- a) They did not do what Jesus asked.
- b) They thought resting was a bad idea.
- c) The people wanted to be with Jesus, and they helped Him care for them.

Visit CatholicMom.com for more Sunday Gospel Activities.

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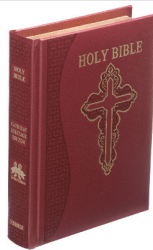
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